The holidays have come and gone, making it the perfect time to consider what you can do for yourself to make a significant and immediate improvement in your appearance. Do you ever look in the mirror and find yourself focused on the things you would like to change, like loose skin on your upper arms, cellulite on your thighs? Are those dark, puffy under eye circles more noticeable than they were before? Studies have shown that 90% of people agree to at least one of these questions! Don’t wait any longer; now is the time to make improvements and gain back that youthful confidence in yourself. Many procedures are available to both effectively eliminate the signs of aging and dramatically improve your body tone.

One very effective procedure to return that youthful look is an ‘eyelift’. Eyelid surgery can be done to correct drooping upper eyelids, puffy fat pads in the upper and lower eyelids, and sagging lower eyelid skin. Known as blepharoplasty, this procedure involves removal of fat and excess skin and muscle from the upper and lower eyelids leaving your eyes will a more youthful and smoother look. This eyelift procedure will get rid of the bags under your eyes and takes years off of your appearance.

As we age, gravity starts to affect our bodies. Many of us notice the loose skin under our arms as we age, especially if we had a significant weight loss. It is a known fact that the effects of time leave both men and women with the loss of skin tone. An “arm lift” (Brachioplasty) can be your salvation. Although loose upper arm skin is most often related to weight loss, even those of average weight can experience this as a result of the natural aging process. This arm lift procedure is performed to remove excess skin to restore a more youthful appearance to the arms. The results of this procedure are long-lasting and can produce a dramatic and significant improvement in the appearance and the firmness of the upper arms, leaving you with a more youthful and firmer looking arm contour.

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