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Good Advice

Reclaim Your Youthful Look

by Stephen T. Greenberg, M.D., F.A.C.S.



Long Island Beaches have opened and summer is just around the corner. Now is the time when many of my patients start thinking about how to put just a little more form in their form-fitting outfits and bathing suits.

Women of all ages and all walks of life ask me about Breast augmentation.

Each patient has unique considerations and aesthetic desires. Some have lost breast tissue and size after pregnancy or breast feeding and just want back the volume they once had. Others have never had what they feel is adequate size or shape. These individual differences make every procedure unique.

But almost uniformly, patients are seeking a balanced and natural appearance.

My personal philosophy about cosmetic surgery is that the best results come from a natural look no matter what procedure I am performing. Women have many options when they choose breast augmentation. Some of the factors that will affect your outcome are the location of the incision, where the implant is placed, and the style of the implant.

One of the most successful procedure includes the "crease incision" which is smaller than one inch, and placed within the crease of the breast. The incision should fade away very nicely, but even if it doesn't, it is well hidden within the crease. I believe that most of the time,

implants should be placed underneath the muscle for a safe and natural look. Some patients also opt to have a breast lift at the same time as the implants, if their breasts have begun to sag.

Medical advances have made the breast augmentation surgery and recovery often surprisingly easy. With my Rapid Recovery Breast Augmentation, most

patients are able to return to normal activities in 24 hours, with minimal discomfort. Breast augmentation is safe, effective and can produce beautiful, natural results!

Dr. Stephen T. Greenberg offers complimentary consultations at both his Woodbury and Park Avenue offices. To schedule an appointment, or request additional information, call 516.364.4200 or visit www.GreenbergCosmeticSurgery.com.

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