Long Island Beaches have opened and summer is just
around the corner. Now is the time when many of my
patients start thinking about how to put just a little more
form in their form-fitting outfits and bathing suits.

Women of all ages and all walks of life
ask me about Breast augmentation. Each patient has unique considerations
and aesthetic desires. Some have lost breast tissue and
size after pregnancy or breast feeding and just want
back the volume they once had. Others have never
had what they feel is adequate size or shape. These
individual differences make every procedure unique.
But almost uniformly, patients are seeking a balanced and natural appearance.

My personal philosophy about cosmetic surgery is that the best results
come from a natural look no matter what procedure I am performing.

One of the most successful procedure includes the “crease incision”
which is smaller than one inch, and placed within the crease of the
breast. The incision should fade away very nicely, but even if it doesn’t,
it is well hidden within the crease. I believe that most of the time,
implants should be placed underneath the muscle for
a safe and natural look. Some patients also opt to have
a breast lift at the same time as the implants, if their
breasts have begun to sag.

Medical advances have made the breast augmentation
surgery and recovery often surprisingly easy. With
my Rapid Recovery Breast Augmentation, most
patients are able to return to normal activities in 24 hours, with minimal
discomfort. Breast augmentation is safe, effective and can produce
beautiful, natural results!

Dr. Stephen T. Greenberg offers complimentary consultations at
both his Woodbury and Park Avenue offices. To schedule an
appointment, or request additional information, call 516.364.4200