The changing of the seasons begs for a little TLC. Find more spas, treatments and indulgences at lipulse.com.

Be Jeweled
Shine like a diamond by Cyndi Murray

Beauty Regimens Have Received the Midas Touch for Centuries. See Cleopatra, who famously wore a gold facemask nightly to ensure a youthful glow. But gold isn’t just a status symbol—the luxurious metal has been proven to reduce wrinkles, increase skin’s elasticity and improve circulation. Gold treatments have never gone out of style and advancements have tapped into its power more than ever. And it’s not just gold—diamonds, pearls and gemstones have all proven their aesthetic value beyond a place in the jewelry box.

White Caviar Illuminating Facial
La Prairie Spa, The Ritz-Carlton New York, Manhattan
Elegance and efficacy combine to promote even skin tone by preventing discoloration and brightening even the dullest of dry winter complexions. The ingredients are infused with the finer things, most notably golden caviar extracts that firm, hydrate and illuminate. The luxurious 90-minute treatment includes a relaxing massage to pamper weary hands and feet. It also comes with three La Prairie White Caviar products that create a softly-lit luminosity long after the spa visit has ended.

Diamond-Tipped Microdermabrasion
Greenberg Cosmetic Surgery, various locations
Harsh chemical peels were once the standard for abolishing fine lines and wrinkles. Microdermabrasion has eclipsed the practice. The non-invasive, chemical-free treatment delivers a refreshed appearance in a single session with few side effects. Greenberg Cosmetic Surgery’s version utilizes a diamond-tipped wand to buff microscopic crystals over the treatment area, removing damaged and dead cells. The gentle 30-minute procedure works wonders for acne or acne scars, sun damage, hyperpigmentation or discoloration, even fine lines and wrinkles.

Champagne & Pearl Sugar Glow
Cornelia Spa at the Surrey, Manhattan
Diamonds are a girl’s best friend but mother of pearl is just as loyal a confidante, with a luxurious shine to boot. The sugar scrub infused with mother of pearl powder gently removes cellular build-up to reveal satiny skin that is polished and soft. It’s followed with a warm champagne shimmer oil to hydrate, silken and add a natural sparkle. The finishing touch to the 60-minute treatment is the application of an age-defying gold serum blended with pearl powder that restores moisture and promotes radiance.

Ruby Face Cream
Brilliance New York House of Beauty
If heading to the spa isn’t in the cards, bring the power of a gemstone treatment home. This face cream seals nourishing moisturizers into the skin while introducing additional vitamins designed to restore hydration and promote softness. LXIR, a unique diamond complex, combines with micronized ruby crystals to delay aging signs. This rich yet ultra-light formula regenerates, strengthens and reinforces the skin’s natural defense system resulting in a more radiant, firmer and younger looking complexion.